



45%

of Australians will
experience mental illness

in their lifetime



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1 in 5

Australians experience
a mental illness



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Suicide

is the leading cause of
death for Australians

aged 15 - 44



By 2030

Depression

will be the leading health
concern worldwide



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65%

of those
experiencing mental
illness symptoms

do not seek treatment



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Each year mental
illness costs Australian
businesses

\$12bn

